

RESEARCH ARTICLE

The Effectiveness of Ultraviolet, Ozonization and Reverse Osmosis as Disinfection Method in Drinking Water Refill Stations

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Abstract

The number of drinking water refill stations (DWRS) was increased rapidly because high of mid-low urban community need to get affordable drinking water. Water treatment methods in DWRS are varying even many DWRS uses more than one disinfection method to increase the effectiveness. The quality of many DWRS productions was reported unstandardized, however not yet the study to evaluate the effects of the water treatment method used. This study aimed to compare the effectiveness of various water treatment methods in DWRS to identify which method is the most effective. The study used a cross-sectional approach conducted in 3 groups of water treatment methods, namely ultraviolet, ultraviolet + ozonization, and a combination of ultraviolet + ozonization + reverse osmosis with each group consisted of 40 DWRS. The survey was conducted in July–September 2017 in Bandung municipality by structured interview. Examination of microbiological parameters of raw and processed drinking water samples using membrane filter method. Water samples from raw water and drinking water from treatment process were taken from each DWRS to be tested for the microbiological parameter by using the membrane filter method. Comparison of the effectiveness was analyzed using the Wilcoxon rank sum test and assessment of log removal reduction. The result showed that there was significantly different in the effectiveness of coliform removal between the three groups. The improvement for controlling and training particularly for the procedure and maintenance of water treatment equipment to the owners/workers in DWRS is urgently needed as the concern of related authority. In conclusion, the water treatment method using ultraviolet is the most effective disinfection method compared to the combination with other methods. The usage of more than one method of water treatment at the same time relate to the lower percentage of the effectiveness compares to the usage of only one method.

Key words: Drinking water, ozonization, reverse osmosis, ultraviolet, water refill stations

Efektivitas Ultraviolet, Ozonisasi, dan Reverse Osmosis sebagai Metode Desinfeksi Depot Air Minum Isi Ulang

Abstrak

Perkembangan depot air minum isi ulang (DAM) melaju dengan pesat karena masyarakat menengah ke bawah perkotaan membutuhkan air minum dengan harga yang terjangkau. Metode pengolahan air baku menjadi air minum di DAM bervariasi bahkan tidak jarang digunakan lebih dari satu metode desinfeksi untuk meningkatkan efektivitasnya. Kualitas produksi DAM banyak yang dilaporkan tidak sesuai dengan standar, namun belum terdapat penelitian yang mengevaluasi pengaruh metode pengolahan air yang digunakan. Penelitian ini bertujuan membandingkan efektivitas berbagai metode pengolahan air di DAM sehingga dapat diketahui metode apa yang paling efektif. Penelitian ini menggunakan pendekatan *cross-sectional* yang dilakukan pada 3 kelompok metode pengolahan air, yaitu ultraviolet, ultraviolet + ozonisasi, dan kombinasi ultraviolet + ozonisasi + *reverse osmosis* dengan tiap-tiap kelompok terdiri atas 40 DAM. Survei dilakukan pada Juli–September 2017 di Kota Bandung dengan melakukan wawancara terstruktur. Sampel air baku dan air minum hasil olahan diambil dari setiap DAM untuk diperiksa parameter mikrobiologinya menggunakan metode filter membran. Perbandingan efektivitas dianalisis menggunakan *Wilcoxon rank sum test* dan penilaian *log removal reduction*. Hasil penelitian menunjukkan bahwa terdapat perbedaan efektivitas yang signifikan pada ketiga kelompok terutama efektivitas terhadap *coliform*. Perlu upaya pengawasan dan pelatihan khususnya mengenai teknis pemakaian dan pemeliharaan alat pada pemilik/pekerja DAM yang harus menjadi perhatian pemerintah dan pihak terkait. Simpulan, metode pengolahan air menggunakan ultraviolet merupakan metode desinfeksi yang paling efektif dibanding dengan kombinasi metode lain. Pemakaian lebih dari satu metode desinfeksi pada saat yang bersamaan menyebabkan persentase efektivitas menjadi lebih rendah dibanding dengan yang menggunakan hanya satu jenis metode desinfeksi.

Kata kunci: Air minum, depot air minum, ozonisasi, *reverse osmosis*, ultraviolet

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Introduction

Water is very important for human life as a basic and fundamental human need to support all of the daily activities to get survive. The importance of water in daily life should balance between appropriate quality and quantity. On the other hand, the availability of water sources such as groundwater and spring becoming restricted due to the increase of anthropogenic water contamination from improper treatment of industries and domestic waste. The local water company in Indonesia (*perusahaan daerah air minum* or PDAM) as the main supplier of clean water in the urban area is not capable to provide the whole community because of the limitation of raw water availability.¹ Consequently, bottled water and drinking water refill stations (DWRS) had been more popular and increasing during the last decades to provide the community's need for drinking water supply.

Bottled water was produced for the first time in Indonesia during 1972 and during the progress of development the price of bottled water had been increasing significantly. The community started to find alternatives to provide their drinking water need. This condition had created the business of DWRS which offer an affordable price, particularly for mid-low income community. The drinking water refill stations are the small business that treat raw water into drinking water using refill container and started to be more popular during the economic crisis in 1998 as the alternative of cheaper drinking water supply compare to bottled water. Since 1999, DWRS were rapidly increasing in all over Indonesia particularly in the urban area. However, some studies from many cities had reported the quality of DWRS production were not always appropriate according to the guideline.²⁻⁸

West Java is the most populous province in Indonesia and Bandung as the capital city is also reported an increasing number of DWRS as the result of rapid urbanization. However, the result of annual inspection from the Bandung Health Office showed that in 2015 about 22.22% of DWRS production still contaminated by coliform/*E. coli*, and the result of contamination was even increasing to be 55.22% in 2016.⁹

Some factors that might influence the quality of drinking water from DWRS production are hygiene sanitation in the stations, the quality of raw water and the choice of water treatment method. During the process of water treatment

from raw water into drinking water, the quality of the filtration unit and disinfection method are very essential to affect the result of drinking water production.⁹ However, no previous study had evaluated the comparison of effectiveness from many water treatment methods that popular to be used in Indonesia. Filtration process intends to separate the suspended particles and also to colloidal contaminants like microorganism in the water, while disinfection aims to exterminate the pathogens. Some methods that usually employ in DWRS are ultraviolet (UV), ozonization using O₃ and reverse osmosis (RO) or the combination of these methods.¹⁰

Nowadays, RO as the ultrafiltration process is known as the most effective water treatment method. This process can eliminate 90–99% of the contaminants in water. Wimalawansa¹¹ reported that RO can decrease more than 95% of the potential toxic contaminants in water. This technology is widely used not only in big industries including bottled water but also more popular to be used as household water treatment. The osmotic pressure combine with other technology formulates this ultrafiltration becoming like the best filtration method to produce drinking water. However, besides the expensive of operational cost the other limitation of this process is the time of filtration. Since the diameter of the membrane was extremely small therefore the volume of water production is very small and need longer time, subsequently, additional power was needed to give more pressure so that the time to flow over the filter is faster.¹²

The ultrafiltration method or combination of ultrafiltration + ozonization are the most popular method that is used in DWRS since the operational cost is cheaper compare to RO. Until now, no study analyze the comparison of these water treatment method effectiveness in DWRS. This study aimed to identify which method as the most effective to eliminate the microbiological contaminants as the evidence to increase the quality control of DWRS production.

Methods

It was a quantitative study with a cross-sectional design, the analysis unit was registered DWRS in the Bandung Health Office. This study intended to compare the effectiveness of water treatment methods in DWRS to change the raw water into drinking water. The water treatment methods were determined into three (3) groups that were

ultraviolet, the combination of ultraviolet + ozonization, and the combination of ultraviolet + ozonization + RO.

Minimal samples to compare the effectiveness in each group was calculated with alpha 0.05 and power of 0.80 resulted in the number of 34 DWRS as minimum samples in each group. Data from the Bandung Health Office reported that there were 659 registered DWRS listed in Bandung city during 2017. In this study, a total of 120 DWRS or 40 DWRS in each group were involved with random sampling method using the name list of registered DWRS in Bandung city. Randomization number was obtained from www.randomization.com.

The survey was conducted in July–September 2017 with two types of data collection that were water quality test and structured questionnaire-based interview. In every selected DWRS, a set of the structured questionnaire consisted of demographical and characteristics data was interviewed to the owner of DWRS. Water samples from raw water and drinking water that produced in DWRS were collected using 200 mL sterile plastic container to examine the microbiological parameters (colony count of coliform and *E. coli* according to the guideline). Water samples were kept in the cool box before transported to the Microbiology and Parasitology Laboratory in Faculty of Medicine Universitas Padjadjaran.

Water samples were examined using the membrane filter method. This method grows the colony of coliform species by filtering 100 mL of water samples through a nitrocellulose membrane filter (diameter 47 mm with 0.45 µm micropores from Merck KGaA, Darmstadt,

Germany). The membrane was incubated using Chromocult® Coliform Agar (Merck KGaA, Darmstadt, Germany) for 24–48 hours in $37\pm 1^\circ\text{C}$. The growth of coliform colony was identified in red colonies and *E. coli* in purple colonies. These colonies were determined using colony forming unit or CFU/100 mL.

The comparison of effectiveness from 3 groups was analyzed using the Wilcoxon rank sum test with 95% confident of the interval. Moreover, the effectiveness also compares based on log removal reduction (LRR), a method recommended by the World Health Organization (WHO) to evaluate the capability of the disinfection method to eliminate pathogens in water. This analysis used a logarithmic number of \log_{10} , the drinking water categorize safe if the effectiveness reaches minimal 4 \log_{10} or in other words the minimal of decimal elimination is 4. The calculation of LRR based on an assumption of decrease number of pathogens. 1 \log_{10} means 90%, 2 \log_{10} means 99%, 3 \log_{10} means 99.9%, 4 \log_{10} means 99.99%, and 5 \log_{10} means 99.999%. The water treatment method is good if the effectiveness reaches 4 \log_{10} and 5 \log_{10} and recommend as safe drinking water to be consumed.

This study started after obtaining ethics approval from the Health Research Ethics Committee of the Faculty of Medicine, Universitas Padjadjaran Bandung with a letter-number: 239/UN6.10/ PN/2017.

Results

Total of 120 DWRS was selected and consisted of 40 DWRS with ultraviolet, 40 DWRS with ultraviolet + ozonization, and 40 with the

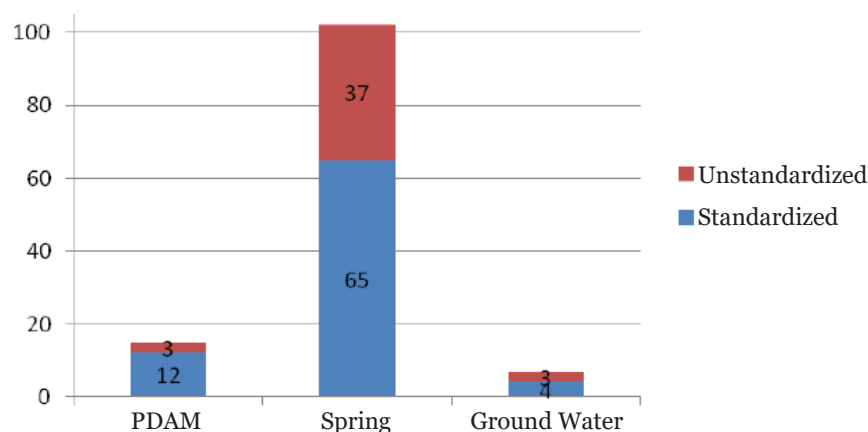


Figure 1 The Quality of Raw Water

Table 1 Characteristics of Drinking Water Refill Stations

Variables	Ultraviolet n=40 (%)	Ultraviolet + Ozonization n=40 (%)	Combination of Ultraviolet + Ozonization + RO n=40 (%)
Number of worker (person)			
1	20 (50)	14 (35)	6 (15)
2-3	17 (42.5)	23 (57)	27 (67.5)
>3	3 (7.5)	3 (8)	7 (17.5)
Duration of business (years)			
<5	21 (51)	12 (30)	19 (47.5)
5-10	13 (33)	21 (51)	16 (40)
>10	6 (16)	7 (19)	5 (12.5)
Raw water sources			
Tap water (PDAM)	2 (5)	1 (2.5)	8 (2)
Spring	36 (90)	37 (92.5)	29 (72.5)
Ground water	2 (5)	2 (5)	3 (7.5)
Legal document			
Business license			
Available	10 (25)	12 (30)	15 (37.5)
No available	30 (75)	28 (70)	25 (62.5)
Certificate of proper hygiene and sanitation			
Available	7 (17.5)	5 (12.5)	12 (30)
No available	33 (82.5)	35 (87.5)	28 (70)
Standard operating procedure			
Available	4 (10)	2 (5)	5 (12.5)
No available	36 (90)	38 (95)	35 (87.5)
Production protocols			
Available	11 (27.5)	8 (20)	15 (37.5)
No available	29 (72.5)	32 (80)	25 (62.5)
Laboratory test			
Last 3 months			
Yes	10 (25)	10 (25)	2 (5)
No	30 (75)	30 (75)	38 (95)
Last 6 months			
Yes	6 (15)	14 (35)	8 (20)
No	34 (85)	26 (65)	32 (80)
Source of information			
The owner of DWRS			
Yes	24 (60)	29 (72.5)	30 (75)
No	16 (40)	11 (27.5)	10 (25)
Training/workshop			
Yes	14 (35)	21 (52.5)	22 (55)
No	26 (65)	19 (47.5)	18 (45)
Employee coaching			
Yes	19 (47.5)	25 (62.5)	25 (62.5)
No	21 (52.5)	15 (37.5)	15 (37.5)

combination of ultraviolet + ozonization + RO. In particular, for the group of combination between ultraviolet, ozonization, and RO, only one DWRS that use only RO, 20 DWRS used ultraviolet + RO, 9 DWRS used ozonization + RO, and 10 DWRS used the combination of ultraviolet +

ozonization + RO. The characteristic of these groups as described in Table 1.

Raw water source from spring water was dominantly used by DWRS, commonly it comes from foothill area near Bandung city, either in the north part or east part of Bandung area. The

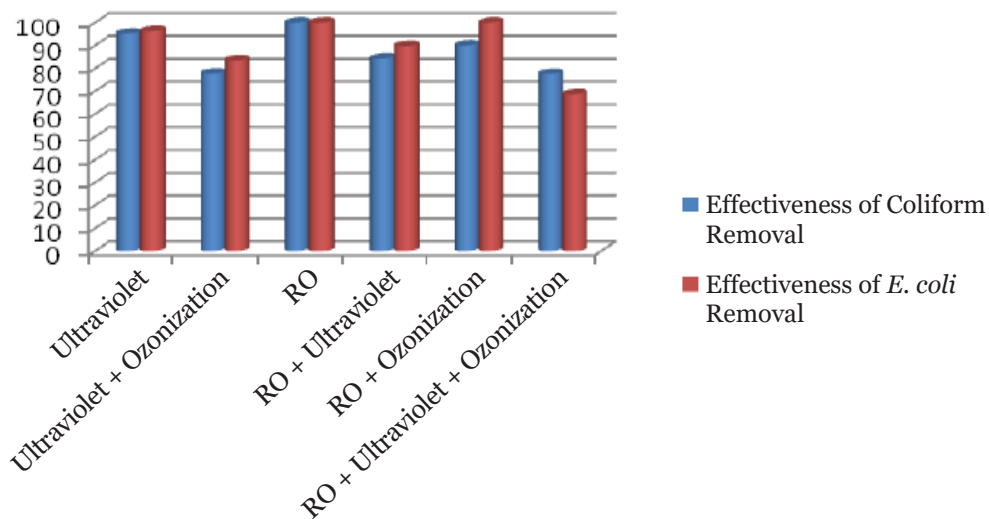


Figure 2 Percentage of Effectiveness in Various Disinfection Methods in Refill Drinking Water Stations

quality of raw water according to clean water guideline (based on Ministry of Health Republic of Indonesia Regulation number 416 the year 1990)¹³ explained in Figure 1 according to the microbiological parameter.

The standard of Ministry of Health Republic of Indonesia and WHO guideline regulate that coliform and *E. coli* should be 0 (nil) in drinking water. WHO also divide the risk of having water-borne diseases due to consuming contaminated drinking water based on the number of fecal pathogens (*E. coli*). The classifications are low risk (1–9 *E. coli*/100 mL), moderate risk (10–99 *E. coli*/100 mL), and high risk (≥ 100 *E. coli*/100 mL).¹⁴ The quality of microbiology parameter from 3 groups of water treatment methods in DWRS was illustrated in Table 2. Only 50% of ultraviolet + ozonization method produced drinking water according to the standard, and

10% of the water sample from this method had moderate and high risk. Ultraviolet as a single water treatment method showed better drinking production compare to combination with other methods.

The effectiveness of disinfection methods is determined by the percentage of coliform and *E. coli* removal number by analyzing the difference of the total number between the colony in raw water and drinking water production. The comparison of various disinfection method in DWRS illustrated in Figure 2. The average effectiveness of all type of combination RO method was 88% for coliform removal and 89.6% for *E. coli* removal, however, if we analyze in details we found that the effectiveness of RO decreased if we use it in combination with other methods, but the effectiveness of RO as single method could achieve 100%. Furthermore,

Table 2 The Quality of Microbiological Parameter of Water Treatment Method in Drinking Water Refill Stations

Indicator	Ultraviolet n=40 (%)	Ultraviolet + Ozonization n=40 (%)	Combination of Ultraviolet + Ozonization + RO n=40 (%)
Standardized	29 (72.5)	20 (50)	30 (75)
Unstandardized			
No risk	7 (17.5)	10 (25)	2 (5)
Low risk	4 (10)	6 (15)	6 (15)
Moderate risk	0	3 (7.5)	2 (5)
High risk	0	1 (2.5)	0

Table 3 Comparison of Ultraviolet, Ozonization, and Reverse Osmosis Effectiveness

Disinfection Method	Effectiveness of Coliform Removal				Effectiveness of <i>E. coli</i> Removal			
	Mean (SD)	95% CI	Mean Square	p Value	Mean (SD)	95% CI	Mean Square	p Value
Ultraviolet	95.3 (15.1)	90.5–100			96.3 (16.2)	91.1–100		
Ultraviolet + ozonization	77.1 (34.2)	66.3–87.9	3,353.4	0.019	84.1 (31.7)	74.1–94.1	1,651.9	0.120
RO + ultraviolet + ozonization	85.3 (31.9)	74.9–95.6			87.1 (31.9)	76.8–97.3		

comparison of effectiveness in 3 disinfection methods was analyzed by Wilcoxon rank sum, the result showed that significantly different found for coliform removal with $p=0.019$ as described in Table 3.

The comparison of effectiveness in various water treatment method can be analyzed using log removal with logarithmic scale since the number of colony removal were enormous. Comparison of between the three groups of disinfection methods explained in Table 4. Ultraviolet and a combination of RO + ultraviolet + ozonation have the highest percentage for LRR 5 log₁₀ both in the removal of coliform or *E. coli*. The combination of ultraviolet + ozonization showed only 50% achieved 5 log₁₀ to reduce coliform and only 75% to reduce *E. coli*. These result showed that the effectiveness of the combination in more than one water treatment method might be not

efficient.

Discussion

Refill drinking water is popularly consumed by the lower middle-class community. Moreover, the phenomenon of rapid urbanization also influences the increase in DWRS in urban areas. Based on the characteristics in Table 1, the type of DWRS business is a small business with one or two workers. The compliance of the owners to gain the legal aspect such as business license and certificate of proper hygiene and sanitation was found low, moreover, only a few DWRS having the standard operating procedure with a clear flow of work for every step and maintenance process.

Even though the government had issued Ministry of Health Republic of Indonesia

Table 4 Comparison of Log Removal in Various Disinfection Method

Log Removal	Ultraviolet n=40 (%)	Ultraviolet + Ozonization n=40 (%)	RO + Ultraviolet + Ozonization n=40 (%)
Coliform			
0 log ₁₀	2 (5)	12 (30)	7 (17.5)
1 log ₁₀	5 (12.5)	6 (15)	1 (2.5)
2 log ₁₀	3 (7.5)	1 (2.5)	1 (2.5)
3 log ₁₀	0 (0)	1 (2.5)	0 (0)
4 log ₁₀	0 (0)	0 (0)	0 (0)
5 log ₁₀	30 (75)	20 (50)	31 (77.5)
<i>E. coli</i>			
0 log ₁₀	1 (2.5)	8 (20)	5 (12.5)
1 log ₁₀	3 (7.5)	2 (5)	3 (7.5)
2 log ₁₀	0 (0)	0 (0)	0 (0)
3 log ₁₀	0 (0)	0 (0)	0 (0)
4 log ₁₀	0 (0)	0 (0)	0 (0)
5 log ₁₀	36 (90)	30 (75)	32 (80)

Regulation number 43 the year 2014 about hygiene and sanitation in DWRS,¹⁵ nevertheless the implementation had not been accomplished by all the owners of DWRS. The result showed that only 25% of DWRS routinely test the quality of drinking water production in the laboratory during the last 3 months, moreover only 5% of DWRS using the combination of RO tested the drinking water quality and only 15–35% of DWRS tested during the last 6 months. This fact provides evidence that in addition to low compliance with regulations, there is a mistaken belief among owners of the effectiveness of the disinfection method which may be caused by a lack of dissemination of information from the authorities regarding regulations to DWRS owners and workers. Lack of quality control from the government and no local regulation toward the law enforcement might also influence the quality of drinking water from DWRS production that consumes by the community.¹⁶

The selection of raw water is an important factor to be concerned by the DWRS owners, the better the raw water quality will produce a better quality of the drinking water. The examination from 3 types of raw water that usually use in DWRS showed that spring water had the highest percentage of unstandardized quality. Commonly, the community perception about the spring water quality was better compared to other water sources so that this type of raw water is customarily used by the community. All type of raw water that was used by DWRS should be in line with the health standard with the certificate of good quality from the standardized laboratory. Moreover, the transportation process should be noticed as a crucial phase that might influence the quality of raw water. Most of DWRS owners still not aware of this, even they do not know the name of the company that supplies raw water to their DWRS.

In practicality, many of DWRS owners combine more than one method to get more effectiveness. Figure 2 illustrated comparison of the various combination of disinfection method. DWRS that only use RO reach 100% effectiveness to remove coliform and *E. coli*, while DWRS that only use ultraviolet method reach 95%. Combination of more than one method in the same time resulting in lower effectiveness between 77–89%, even combination of 3 methods (RO + ultraviolet + ozonisasi) only reaches 77% of coliform removal and 68% of *E. coli* removal. This result

contradictory with previous study that revealed combination of ultraviolet + RO effective to treat raw water from river or irrigation water to be drinking water with good quality with relatively low price of operational cost.¹⁸ Low effectiveness of combination methods might be due to inaccuracy in technical step during installation or lack of the owners awareness to check and carry out routine maintenance since they already use more than one disinfection methods.

Many DWRS choose to combine ultraviolet and ozonization method to increase the effectiveness. The quality of ultraviolet is affected by the speed of water flow, capacity or volume of ultraviolet emission and the intensity of the lamp. The limitation of ultraviolet is ineffectiveness to remove a certain type of spores and viruses, furthermore, it needs a source of energy and no residue of ultraviolet might initiate recontamination to the water.^{17,18} Disinfection process with ozonization takes place in the ozone mixing tank. Data in Table 2 illustrated that percentage of unstandardized drinking water quality using a combination of ultraviolet and ozonization was the highest, even 10% of water samples having the high number of *E. coli* and categorize of medium and high risk to transmit water-borne diseases.

The process of reverse osmosis uses high pressure to make raw water can pass the specific semipermeable membrane with extremely small pores (0.0001 microns). This small pores produce only H₂O could pass the membrane, while bacteria, viruses, and chemicals are filtered and removed through a certain channel as discharge out pipe.²¹ Until now, reverse osmosis is known as the best disinfection method as ultrafiltration to produce drinking water with the highest purity, however this method need high energy to generate high pressure to push raw water passes through the semipermeable membrane, consequently this process also generate high volume of fluid waste with high concentrations of toxin and need high operational cost. The result in Table 2 showed that the percentage of standardizing drinking water between ultraviolet and combination of ultraviolet + ozonization + RO was similar. This result was not in line with the previous study that proved RO as the most effective method compare to others and ultraviolet still leave 31% of the pathogen in drinking water production.¹⁹

Table 3 revealed that effectiveness from various disinfection method significantly varies

in coliform removal. In Table 4, LRR of ultraviolet + ozonization that inline with standard or reach 5 log₁₀ was only 50%. The previous study found many DWRS with other methods besides RO still produce coliform contaminated drinking water.^{19,21} However, in this study, the usage of a single water treatment method is better compared to the combination of two or three methods. The percentage of DWRS that only used ultraviolet method reached higher 5 log₁₀ LRR compare to other combination methods. This might be the effect of less maintenance process when two or more methods used in the same time since the owners of DWRS belief that more than one method should increase the effectiveness and this belief make them neglect the maintenance of each method.

The effort to increase quality control by the government in an integrated system in collaboration with the owners and consumers should be intensified. Training and supervision particularly regarding controlling and maintenance of disinfection unit should be scheduled regularly and accessible by all DWRS. Drinking water is essential for human life so any risk, although small should be prevented include ineffectiveness of disinfection methods.

Further development of trainings for owners and workers in DWRS is urgently needed in term of technical coaching about water treatment to prevent the production of unstandardize drinking water. The government should develop integrated supervision system to protect the consumers.

Conclusions

The water treatment method using ultraviolet is the most effective disinfection method compared to the combination with other methods. The operation of more than one method of water treatment in the same time in drinking water refill stations might decrease effectiveness of water treatment method.

Conflict of Interest

The authors declare no conflict of interests.

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