|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
|  |  | | **LEMBAR OBSERVASI KONTRAKSI UTERUS & PEMBUKAAN SERVIKS** | | | | |
| **Nama Subjek Penelitian: …………………….. Tgl: ………………** | | | | | | | |
| Jam | Ø | Kontraksi | | Banyak-nya | Lama-nya | Inten sitas | Rata2 |
|  |  | 30 menit ke-1  Jam  ………. | | 1 |  |  |  |
| 2 |  |  |
| 3 |  |  |
| 4 |  |  |
| 5 |  |  |
|  |  | 30 menit ke-2  Jam  …...... | | 1 |  |  |  |
| 2 |  |  |
| 3 |  |  |
| 4 |  |  |
| 5 |  |  |
|  |  | 30 menit ke-3  Jam  …...... | | 1 |  |  |  |
| 2 |  |  |
| 3 |  |  |
| 4 |  |  |
| 5 |  |  |
|  |  | 30 menit ke-4  Jam  …...... | | 1 |  |  |  |
| 2 |  |  |
| 3 |  |  |
| 4 |  |  |
| 5 |  |  |
|  |  | 30 menit ke-5  Jam  …...... | | 1 |  |  |  |
| 2 |  |  |
| 3 |  |  |
| 4 |  |  |
| 5 |  |  |
|  |  | 30 menit ke-6  Jam  …...... | | 1 |  |  |  |
| 2 |  |  |
| 3 |  |  |
| 4 |  |  |
| 5 |  |  |
|  |  | 30 menit ke-7  Jam  …...... | | 1 |  |  |  |
| 2 |  |  |
| 3 |  |  |
| 4 |  |  |
| 5 |  |  |
|  |  | 30 menit ke-8  Jam  …...... | | 1 |  |  |  |
| 2 |  |  |
| 3 |  |  |
| 4 |  |  |
| 5 |  |  |
|  |  | 30 menit ke-9  Jam  …...... | | 1 |  |  |  |
| 2 |  |  |
| 3 |  |  |
| 4 |  |  |
| 5 |  |  |
|  |  | 30 menit ke-10  Jam  …...... | | 1 |  |  |  |
| 2 |  |  |
| 3 |  |  |
| 4 |  |  |
| 5 |  |  |
|  |  | 30 menit ke-11  Jam  …...... | | 1 |  |  |  |
| 2 |  |  |
| 3 |  |  |
| 4 |  |  |
| 5 |  |  |
|  |  | 30 menit ke-12  Jam  …...... | | 1 |  |  |  |
| 2 |  |  |
| 3 |  |  |
| 4 |  |  |
| 5 |  |  |
|  |  | 30 menit ke-13  Jam  …...... | | 1 |  |  |  |
| 2 |  |  |
| 3 |  |  |
| 4 |  |  |
| 5 |  |  |
|  |  | 30 menit ke-14  Jam  …...... | | 1 |  |  |  |
| 2 |  |  |
| 3 |  |  |
| 4 |  |  |
| 5 |  |  |
|  |  | 30 menit ke-15  Jam  …...... | | 1 |  |  |  |
| 2 |  |  |
| 3 |  |  |
| 4 |  |  |
| 5 |  |  |
|  |  | 30 menit ke-16  Jam  …...... | | 1 |  |  |  |
| 2 |  |  |
| 3 |  |  |
| 4 |  |  |
| 5 |  |  |
|  |  | 30 menit ke-17  Jam  …...... | | 1 |  |  |  |
| 2 |  |  |
| 3 |  |  |
| 4 |  |  |
| 5 |  |  |
|  |  | 30 menit ke-18  Jam  …...... | | 1 |  |  |  |
| 2 |  |  |
| 3 |  |  |
| 4 |  |  |
| 5 |  |  |
|  |  | 30 menit ke-19  Jam  …...... | | 1 |  |  |  |
| 2 |  |  |
| 3 |  |  |
| 4 |  |  |
| 5 |  |  |
|  |  | 30 menit ke-20  Jam  …...... | | 1 |  |  |  |
| 2 |  |  |
| 3 |  |  |
| 4 |  |  |
| 5 |  |  |
|  | Keterangan:   * Rata2 diisi oleh peneliti * Lamanya diisi sesuai angka pada stopwatch (**detik dan milidetik** ditulis lengkap)   Catatan Khusus (Jika ada): | | | | | | |